

# Teresa F. Frisbie



**TITLE/S** Director, Dispute Resolution Program,  
Loyola University Chicago School of Law

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Teresa Frisbie is the Director of the Dispute Resolution Program at Loyola University Chicago School of Law. She has been involved in alternative dispute resolution for more than two decades. Named the 2018 Mediator of the Year by the Association for Conflict Resolution, Chicago, and both a Top Ten Women ADR Neutral and a Leading Lawyer in the categories of ADR international, ADR employment and ADR commercial litigation by her peers through Illinois Leading Lawyer, she has mediated and arbitrated hundreds of disputes ranging from real estate and business conflicts to estate and employment cases. She also facilitates workplace conflict and communication issues.

Ms. Frisbie is a member of The National Academy of Distinguished Neutrals, a certified mediator in the Circuit Court of Cook County, Illinois Law, Probate and Chancery Division mediation programs, and a mediator and arbitrator for ADR Systems of America, LLC. She served ten years as a mediator for the Center for Conflict Resolution as well as many years as an arbitrator for the Circuit Court of Cook County, Illinois.

She was named a Fellow of the Chartered Institute of Arbitrators, London, in 1997, is Vice President of the International Academy of Dispute Resolution and has served as executive director and a panel member for the Chicago International Dispute Resolution

Association. She is a member of the American Bar Association Section of Dispute Resolution, the Association for Conflict Resolution, and has been involved with many other dispute resolution organizations over the years.

Ms. Frisbie also writes and presents regularly on dispute resolution and is a columnist for the Chicago Daily Law Bulletin. She has trained law students, lawyers, judges, business professionals, realtors, physicians and nurses in mediation, mediation advocacy, negotiation, conflict management and/or international arbitration in the United States and internationally. She also teaches mediation advocacy and coaches Loyola's international mediation team.

Ms. Frisbie began her career at Foran & Schultz, where she was a partner, and was of counsel at Davis McGrath, LLC and DeGrand & Wolfe P.C.

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## **DEGREES**

BA, University of Illinois, 1983

JD, Loyola University Chicago School of Law, 1986

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## **SELECTED PUBLICATIONS**

**Raising Emotional Intelligence at The Mediation Table**

**Lengthy ABA study suggests better way to conduct mediation**

**Can online videoconferencing tools help the mediation process?**

**Dealing with unsavory attorneys: Be patient, let them sink themselves**

**Soft skills still irreplaceable even as law goes high-tech**

**Conflict coaching a useful dispute resolution process for clients**

**Learning peacemaking skills from Syrian refugees in Greece**

**Why mindfulness practice can make lawyers better at conflict resolution**

**A modern, worldwide dispute resolution system inspired by Islam**

**How women can assert themselves without triggering backlash**

**Don't let advocacy in mediation be as futile as a political conversation**

**What we can learn from the medical profession about increasing EQ**

**In Mediation, Let Your Creative Spark Light up the Process**

**Awareness of Conflict Styles Goes Long Way in Preventing Trouble**

**Mediation no time to let boys be boys: Mind your brain's chemistry in mediation**

**Decision-making in negotiations and handling the reaction to unfairness**

**Decision-making in negotiating settlements and anchoring effect**

**Decision-making in negotiating settlements: the overconfidence bias**

**Knowing what clients want from ADR processes helps them — and you**

**Fac ebook's dispute resolution tool helpful, but needs work**

**Correcting the neutral selection gender bias**

**Restorative justice is expanding in Illinois, but more can still be done**

**Assessing feedback helps manage conflict**

**Finding inspiration in the rule of law**

**Understanding values important in cross-cultural negotiations, mediation**

**How to make the most of written mediation submissions**

**Client involvement is key in estate mediation**

**Meaningful conferences prevent 'arbitration' in commercial cases**

**How to mediate disputes involving the elderly**

**What your client needs to know about mediation confidentiality**

**A few thoughts on gender in the practice of mediation**

**Communicating beats litigating**